







L.K. MOSS ELEMENTARY SCHOOL

MENU

MAY, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
1 Lasagna Rollups Seasoned Black Beans Garden Salad w/dressing Breadstick Fruit	2 Popcorn Chicken Steamed Broccoli Seasoned Corn Roll Fruit	3 PB&J Uncrustable Baby Carrots SunChips Fruit	4 Salisbury Steak w/rice California Veggies Green Beans Roll Fruit	5 Ham & Cheese Sub Veggie Dippers w/ranch SunChips Fruit	(M) Mini French Toast (Tu) Assorted Cereals (W) Mini Bagels (Th) Breakfast Bars (F) Variety Biscuit
8 Chicken Tenders Oven Roasted Potatoes Green Peas Roll Fruit	9 Baked Spaghetti Glazed Carrots Garden Salad w/dressing Breadsticks Fruit	10 Cheeseburger Potato Wedges Cole Slaw Fruit	11 Chicken w/rice Seasoned Green Beans Baby Carrots Roll Fruit	12 Pizza w/marinara sauce Sidewinders Baked Beans Fruit	(M) Mini Pancakes (Tu) Muffin w/Yogurt (W) Cinni Minis (Th) Breakfast Bars (F) Variety Biscuit
15 Chicken Nuggets Glazed Carrots Tossed Salad w/dressing Breadstick Fruit	16 Flatbread Beef Melt Steamed Broccoli Pinto Beans Fruit	17 BBQ on Bun Potato Wedges Cole Slaw Fruit	18 Mini Hotdogs Sweet Potato Fries Baked Beans Fruit	19 Professional Learning	(M) Mini Waffles (Tu) Assorted Cereal (W) Mini Bagels (Th) Breakfast Bars (F) Professional Learning
22 Have a Safe and Restful Summer Break	23 	24 	25 	26 	(M) (Tu) (W) (Th) (F)
29 Have a Safe and Restful Summer Break	30 	31 			(M) (Tu) (W) (Th) (F)

“This Institution is an equal opportunity provider.”

“Due to circumstances beyond our control, menus are subject to change”

Helpful Information

Milk is offered daily for breakfast and lunch. We offer a variety of milk that is 1% or less fat and either flavored or unflavored.

FOCUS ON FRESH

What better time than spring and summer to load up on beautiful baby greens, asparagus, snap peas, fresh herbs, radishes, and spring onions. With new fruits and veggies coming into season each month and gardens beginning to bloom all around, we can fill our shopping carts with fresh fruits and veggies.

MARION COUNTY MIDDLE HIGH SCHOOL

MENU

MAY, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
1 Cheeseburgers Taco MaxSnax Broccoli w/cheese Sweet Potato Fries Fruit	2 Fish Sandwich BBQ on Bun Cole Slaw Baked Beans Fruit	3 Philly Cheese Steak Chili Cheese Pups Garden Salad w/dressing Sidewinders Fruit	4 Oven Baked Chicken Squash & Zucchini Blackeyed Peas Cornbread Fruit	5 Chicken Nuggets Meatloaf Mashed Potatoes Green Peas Fruit	(M) Mini Cinn Bagels (Tu) Grits w/Toast/Sausage (W) Breakfast Pizza (Th) Parfait w/Muffin (F) Scrambled Eggs w/Bagel
8 Chicken Quesadilla Chicken Alfredo Garden Salad w/dressing Mixed Vegetables Roll Fruit	9 Turkey Roast w/rice Popcorn Chicken Steamed Broccoli w/cheese Breadsticks Fruit	10 Breakfast for Lunch Sausage/Waffles Chicken/Waffles Cherry Tomatoes w/ranch Tater Tots Fruit	11 Loaded Nachos Chicken Fajita Sauteed Peppers/Onions w/shrd Lettuce/Tomatoes Cut Corn Seasoned Black Beans Fruit	12 Chicken Filet Beefy Mac Seasoned Green Beans Sweet Potato Fries Breadsticks Fruit	(M) French Toast (Tu) Grits w/Toast/Sausage (W) Breakfast Pizza (Th) Muffin w/Yogurt (F) Scrambled Eggs w/Bagel
15 Pizza w/marinara sauce Hotdogs Cole Slaw Baked Beans Fruit	16 Salisbury Steak w/gravy Rib-A-Que Mashed Potatoes Green Peas Roll Fruit	17 Corndog Chicken Filet w/lettuce/tomato Sidewinders Seasoned Corn Fruit	18 PB&J Uncrustables Taco MaxSnax Veggie Dippers w/ranch Sun Chips Fruit	Professional Learning	(M) Pancake on a Stick (Tu) Grits w/Toast/Sausage (W) Breakfast Pizza (Th) Muffin w/Yogurt (F) Professional Learning
22 Have a Safe and Restful Summer Break	23 	24 	25 	26 	(M) (Tu) (W) (Th) (F)
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Helpful Information

Milk is offered daily for breakfast and lunch. We offer a variety of milk that is 1% or less fat and either flavored or unflavored. Hoagie trays and salad trays are pre-packed meals offered daily.

FOCUS ON FRESH

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