






L.K. Moss Elementary School MAY, 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
	1 Beef Ravioli Honey Glazed Carrots Garden Salad w/dressing Breadstick Fruit	2 Corndog Baked Beans Corn on Cob Fruit	3 General Tso Chicken w/egg roll Asian Rice Steamed Carrots Fruit	4 Pizza w/Marinara Sauce Steamed Broccoli Sweet Potato Tots Fruit	(M) (T) Assorted Cereal (W) Breakfast Bar (Th) Mini Bagels (F) Variety Biscuit
7 Hotdog w/Bun Cole Slaw Potato Wedges Fruit	8 MANAGER CHOICE	9 Baked Spaghetti Honey Glazed Carrots Seasoned Green Beans Fruit	10 BBQ on Bun Baked Beans California Blend Veggies Fruit	11 Pizza w/Marinara Sauce Garden Salad Corn on Cob Fruit	(M) Mini Pancakes (Tu) Muffin w/Yogurt (W) Mini Bagels (Th) Breakfast Bar (F) Variety Biscuit
14 Cheeseburger on Bun w/Lettuce/Tomato/Pickle Potato Wedges Steamed Broccoli Fruit	15 Load Beef Nachos Seasoned Black Beans Whole Kernel Corn Fruit	16 MANAGER CHOICE	17 Popcorn Chicken Seasoned Green Beans Mashed Potatoes Roll Fruit	18 EARLY RELEASE MENU	(M) Muffin w/Yogurt (T) Assorted Cereal (W) Breakfast Bar (Th) Mini Bagels (F) Variety Biscuit
21 	22 	23 	24 	27 	(M) (T) (W) (Th) (F)
28 	29 	30 	31 		(M) (T) (W) (Th) (F)

"DUE TO CIRCUMSTANCES BEYOND OUR CONTROL, MENUS ARE SUBJECT TO CHANGE"



Helpful Information

Milk is offered daily for breakfast and lunch. We offer a variety of milk that is 1% or less fat and either flavored or unflavored.



NUTRITION TIP




HAVE A SAFE AND RESTFUL SUMMBER BREAK

Make healthy choices by using MyPlate as a reminder to include all food groups each day. Learn more at www.ChooseMyPlate.gov



Marion County Middle High School

MAY, 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
	1 Sloppy Joe on Bun OR Chicken Filet Sandwich Potato Wedges Veggie Dippers Fruit	2 Oven Fried Chicken Turnip Greens Sweet Potato Yams Fruit	3 MANAGER CHOICE	4 Pizza w/Marinara Sauce OR Buffalo Nuggets w/roll Steamed Broccoli Corn Fruit	(M) (T) Breakfast Pizza (W)Muffin w/Yogurt (Th)Grits and Toast (F) Variety Biscuit
7 Buffalo Chicken Sandwich OR Hamburger on Bun w/Lettuce/Tomato Tater Tots Seasoned Green Beans Fruit	8 MANAGER CHOICE	9 Baked Spaghetti OR Chicken Parmesan Corn Steamed Broccoli Breadstick Fruit	10 New Orleans Mandarin Chicken Beef & Broccoli w/Rice/Egg Roll Honey Glazed Carrots Oriental Veggies Fruit	11 Pizza w/Marinara Sauce OR Popcorn Chicken w/roll Potato Wedges Garden Salad w/dressing Fruit	(M) Pancakes & Sausage (T) Breakfast Pizza (W) Muffin w/Yogurt (Th) Mini Bagels w/cream cheese (F)Variety Biscuit
14 Chili Dog OR BBQ Sandwich Potato Fries Baby Carrots Fruit	15 Cheeseburger on Bun OR Corndog Baked Beans Garden Salad w/dressing Fruit	16 Chicken Filet Sandwich OR Rib-A-Que Sandwich Sweet Potato tots Cole Slaw Fruit	17 MANAGER CHOICE	18 EARLY RELEASE MENU	(M) French Toast Sticks (T) Breakfast Pizza (W)Muffin w/Yogurt (Th) Grits and Toast (F) Variety Biscuit
21 	22 	23 	24 	25 	(M) (T) (W) (Th) (F)
28 	29 	30 	31 		(M)

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