



L.K. Moss Elementary School



AUGUST, 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
	<p>PLAY LEARN AND GROW TOGETHER</p>		<p>2 Hot Dog Cole Slaw Potato Rounds Fruit</p>	<p>3 Pizza Garden Salad w/dressing Whole Kernel Corn Fruit</p>	<p>(M) (T) (W) (Th)Muffin w/Yogurt (F)Waffle Sand w/chk sausage</p>
<p>6 Popcorn Chicken Potato Wedges Baked Beans Breadsticks Fruit</p>	<p>7 Teriyaki Chicken Nuggets Steamed Broccoli Baked Potato Roll Fruit</p>	<p>8 Mini Corn Dogs Sweet Potato Fries Green Beans Fruit</p>	<p>9 Loaded Beefy Nachos w/Salsa/Lettuce/ Tomatoes Seasoned Corn Fruit</p>	<p>10 Pizza Garden Salad w/dressing Breaded Orka Fruit</p>	<p>(M)Poptart w/cheesestick (T)Muffin w/Yogurt (W)Cereal bar w/cheesestick (Th)Fruit Pastry (F)Variety Biscuit</p>
<p>13 Asian Chicken, General Tso's w/Rice/Egg Roll Oriental Vegetable Blend Fruit</p>	<p>14 Spaghetti w/Garlic Bread Steamed Broccoli Corn on Cob Fruit</p>	<p>15 Cheeseburger Sweet Potato Fries California Blend Vegetables Fruit</p>	<p>16 Oven Roasted Chicken Oven Roasted Potatoes Green Beans Roll Fruit</p>	<p>17 Pizza w/Marinara Sauce Potato Wedges Baked Beans Fruit</p>	<p>(M)Pancakes, Mini (T)Muffin w/Yogurt (W)Mini Cinnis (Th)Fruit Pastry (F)Asst Cereals</p>
<p>20 Popcorn Chicken Potato Wedges Baked Beans Fruit</p>	<p>21 Chicken Tetrzzini Steamed Broccoli Mashed Potatoes Roll Fruit</p>	<p>22 Ravioli Sweet Potato Fries Green Beans Roll Fruit</p>	<p>23 Chili Baked Potato Carrot Sticks w/ranch dressing Fruit</p>	<p>24 Pizza Garden Salad w/dressing Whole Kernel Corn Fruit</p>	<p>(M)Poptart w/cheesestick (T) Muffin w/Yogurt (W) Cereal bar w/cheesestick (Th) Fruit Pastry (F) Variety Biscuit</p>
<p>27 BBQ Sandwich Potato Wedges Cole Slaw Fruit</p>	<p>28 Mini Corn Dogs Sweet Potato Tots Baked Beans Fruit</p>	<p>29 Beef Tacos w/Lettuce/Tomato/Cheese Seasoned Black Beans Seasoned Corn Fruit</p>	<p>30 Breakfast for Lunch Chicken & Waffles Potato Tots Steamed Broccoli Fruit</p>	<p>31 Pizza Garden Salad w/dressing Breaded Orka Fruit</p>	<p>M)Pancakes, Mini (T)Muffin w/Yogurt (W)Mini Cinnis (Th)Fruit Pastry (F) Asst Cereals</p>



Marion County Middle High School

AUGUST, 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
			2	3	(M) (T) (W) (Th) Breakfast Bar (F) Variety Biscuit
6	7	8	9	10	(M) Chicken & Waffles (T) Breakfast Pizza (W) Pancakes & Sausage (Th) Breakfast Bar (F) Variety Biscuit
Salisbury Steak w/Gravy OR Popcorn Chicken Mashed Potatoes Steamed Broccoli Roll Fruit	Spaghetti w/Meat Sauce OR Rib-A-Que Honey Glazed Carrots Garden Salad w/Dressing Roll Fruit	Oven Baked Chicken Turnip Greens Mac & Cheese Cornbread Fruit	Buffalo Chicken Sandwich Hot Dog on Bun Cole Slaw Potato Wedges Fruit	Ham/Cheese Sub OR Corndog Mixed Vegetables Sweet Potato Fries Fruit	
13	14	15	16	17	(M)French Toast w/sausage (T)Muffin w/Yogurt (W)Mini Cinnis (Th)Breakfast Bar (F) Variety Biscuit
Beef Taco Pie OR Teriyaki Chicken Nuggets Steamed Broccoli Breadstick Fruit	Cajun Chicken Wrap Chicken Tetrzzini Seasoned Green Beans Potato Wedges Fruit	Lasagna OR Corn Dog Tossed Salad w/dressing Corn on Cob Fruit	Asian Chicken, Mandarin Orange w/rice/egg roll OR Chicken Nuggets Oriental Vegetables Steamed Carrots Roll Fruit	Pizza w/Marinara Sauce Cheeseburger on Bun Cole Slaw Sweet Potato Fries Fruit	
20	21	22	23	24	(M) Chicken & Waffles (T) Breakfast Pizza (W) Pancakes & Sausage (Th) Breakfast Bar (F) Variety Biscuit
Beef Nachos OR Burrito Spanish Rice Seasoned Corn Black Beans Fruit	Chicken Filet Sandwich OR BBQ on Bun Lettuce/Tomato Baby Carrots Potato Wedges Fruit	Oven Roasted Chicken Seasoned Green Beans Mashed Potatoes Roll Fruit	Philly Cheese Steak OR Chilli Cheese Pups Cole Slaw Potato Fries Fruit	Pizza w/Marinara Sauce OR Beefy Mac w/Breadstick Sweet Potato Fries California Mixed Vegetables Fruit	
27	28	29	30	31	(M)French Toast w/sausage (T)Muffin w/Yogurt (W)Mini Cinnis (Th)Breakfast Bar (F) Variety Biscuit
Cheeseburger on Bun OR BBQ on Bun Lettuce/Tomato/Baby Carrots Potato Wedges Fruit	Chicken Fajitas OR General Tso Chicken Stir Fry Rice/Vegetables Sauteed Peppers/Onions Fruit	Breaded Steak Sandwich OR Hotdog on Bun California Mixed Vegetables Potato Fries Fruit	Breakfast for Lunch Chicken & Waffles OR Sausage & Waffles Potato Tots Steamed Broccoli Fruit	Seafood Basket OR BBQ Sandwich Cole Slaw Sweet Potato Fries Fruit	

“DUE TO CIRCUMSTANCES BEYOND OUR CONTROL, MENUS ARE SUBJECT TO CHANGE”

This institution is an equal opportunity provider.



Helpful Information

Milk is offered daily for breakfast and lunch. We offer a variety of milk that is 1% or less fat and either flavored or unflavored. ** Alternate Entrees that may be available ** Deli Sandwich or Chef Salad



*Everything you eat and drink matters.
The right mix of foods in your meals and snacks can help you be healthier now and into the future.
Turn small changes in how you eat into your MyPlate, My Wins.
Kick your year off with a great start.*