



L.K. Moss Elementary School



AUGUST, 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
	<p>PLAY LEARN AND GROW TOGETHER</p>		<p>2 Hot Dog Cole Slaw Potato Rounds Fruit</p>	<p>3 Pizza Garden Salad w/dressing Whole Kernel Corn Fruit</p>	<p>(M) (T) (W) (Th)Muffin w/Yogurt (F)Waffle Sand w/chk sausage</p>
<p>6 Popcorn Chicken Potato Wedges Baked Beans Breadsticks Fruit</p>	<p>7 Teriyaki Chicken Nuggets Steamed Broccoli Baked Potato Roll Fruit</p>	<p>8 Mini Corn Dogs Sweet Potato Fries Green Beans Fruit</p>	<p>9 Loaded Beefy Nachos w/Salsa/Lettuce/ Tomatoes Seasoned Corn Fruit</p>	<p>10 Pizza Garden Salad w/dressing Breaded Orka Fruit</p>	<p>(M)Poptart w/cheesestick (T)Muffin w/Yogurt (W)Cereal bar w/cheesestick (Th)Fruit Pastry (F)Variety Biscuit</p>
<p>13 Asian Chicken, General Tso's w/Rice/Egg Roll Oriental Vegetable Blend Fruit</p>	<p>14 Spaghetti w/Garlic Bread Steamed Broccoli Corn on Cob Fruit</p>	<p>15 Cheeseburger Sweet Potato Fries California Blend Vegetables Fruit</p>	<p>16 Oven Roasted Chicken Oven Roasted Potatoes Green Beans Roll Fruit</p>	<p>17 Pizza w/Marinara Sauce Potato Wedges Baked Beans Fruit</p>	<p>(M)Pancakes, Mini (T)Muffin w/Yogurt (W)Mini Cinnis (Th)Fruit Pastry (F)Asst Cereals</p>
<p>20 Popcorn Chicken Potato Wedges Baked Beans Fruit</p>	<p>21 Chicken Tetrzzini Steamed Broccoli Mashed Potatoes Roll Fruit</p>	<p>22 Ravioli Sweet Potato Fries Green Beans Roll Fruit</p>	<p>23 Chili Baked Potato Carrot Sticks w/ranch dressing Fruit</p>	<p>24 Pizza Garden Salad w/dressing Whole Kernel Corn Fruit</p>	<p>(M)Poptart w/cheesestick (T) Muffin w/Yogurt (W) Cereal bar w/cheesestick (Th) Fruit Pastry (F) Variety Biscuit</p>
<p>27 BBQ Sandwich Potato Wedges Cole Slaw Fruit</p>	<p>28 Mini Corn Dogs Sweet Potato Tots Baked Beans Fruit</p>	<p>29 Beef Tacos w/Lettuce/Tomato/Cheese Seasoned Black Beans Seasoned Corn Fruit</p>	<p>30 Breakfast for Lunch Chicken & Waffles Potato Tots Steamed Broccoli Fruit</p>	<p>31 Pizza Garden Salad w/dressing Breaded Orka Fruit</p>	<p>M)Pancakes, Mini (T)Muffin w/Yogurt (W)Mini Cinnis (Th)Fruit Pastry (F) Asst Cereals</p>



Marion County Middle High School

AUGUST, 2018 MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
			2 Cheeseburger on Bun OR BBQ on Bun Lettuce/Tomato/Baby Carrots Potato Wedges Fruit	3 Pizza w/Marinara Sauce OR Beefy Mac w/Breadstick Sweet Potato Fries Seasoned Green Beans Fruit	(M) (T) (W) (Th) Breakfast Bar (F) Variety Biscuit
6 Salisbury Steak w/Gravy OR Popcorn Chicken Mashed Potatoes Steamed Broccoli Roll Fruit	7 Spaghetti w/Meat Sauce OR Rib-A-Que Honey Glazed Carrots Garden Salad w/Dressing Roll Fruit	8 Oven Baked Chicken Turnip Greens Mac & Cheese Cornbread Fruit	9 Buffalo Chicken Sandwich Hot Dog on Bun Cole Slaw Potato Wedges Fruit	10 Ham/Cheese Sub OR Corndog Mixed Vegetables Sweet Potato Fries Fruit	(M) Chicken & Waffles (T) Breakfast Pizza (W) Pancakes & Sausage (Th) Breakfast Bar (F) Variety Biscuit
13 Beef Taco Pie OR Teriyaki Chicken Nuggets Steamed Broccoli Breadstick Fruit	14 Cajun Chicken Wrap Chicken Tetrzzini Seasoned Green Beans Potato Wedges Fruit	15 Lasagna OR Corn Dog Tossed Salad w/dressing Corn on Cob Fruit	16 Asian Chicken, Mandarin Orange w/rice/egg roll OR Chicken Nuggets Oriental Vegetables Steamed Carrots Roll Fruit	17 Pizza w/Marinara Sauce Cheeseburger on Bun Cole Slaw Sweet Potato Fries Fruit	(M)French Toast w/sausage (T)Muffin w/Yogurt (W)Mini Cinnis (Th)Breakfast Bar (F) Variety Biscuit
20 Beef Nachos OR Burrito Spanish Rice Seasoned Corn Black Beans Fruit	21 Chicken Filet Sandwich OR BBQ on Bun Lettuce/Tomato Baby Carrots Potato Wedges Fruit	22 Oven Roasted Chicken Seasoned Green Beans Mashed Potatoes Roll Fruit	23 Philly Cheese Steak OR Chilli Cheese Pups Cole Slaw Potato Fries Fruit	24 Pizza w/Marinara Sauce OR Beefy Mac w/Breadstick Sweet Potato Fries California Mixed Vegetables Fruit	(M) Chicken & Waffles (T) Breakfast Pizza (W) Pancakes & Sausage (Th) Breakfast Bar (F) Variety Biscuit
27 Cheeseburger on Bun OR BBQ on Bun Lettuce/Tomato/Baby Carrots Potato Wedges Fruit	28 Chicken Fajitas OR General Tso Chicken Stir Fry Rice/Vegetables Sauteed Peppers/Onions Fruit	29 Breaded Steak Sandwich OR Hotdog on Bun California Mixed Vegetables Potato Fries Fruit	30 Breakfast for Lunch Chicken & Waffles OR Sausage & Waffles Potato Tots Steamed Broccoli Fruit	31 Seafood Basket OR BBQ Sandwich Cole Slaw Sweet Potato Fries Fruit	(M)French Toast w/sausage (T)Muffin w/Yogurt (W)Mini Cinnis (Th)Breakfast Bar (F) Variety Biscuit

“DUE TO CIRCUMSTANCES BEYOND OUR CONTROL, MENUS ARE SUBJECT TO CHANGE”

This institution is an equal opportunity provider.



Helpful Information

Milk is offered daily for breakfast and lunch. We offer a variety of milk that is 1% or less fat and either flavored or unflavored. ** Alternate Entrees that may be available ** Deli Sandwich or Chef Salad



Everything you eat and drink matters.

The right mix of foods in your meals and snacks can help you be healthier now and into the future.

Turn small changes in how you eat into your MyPlate, My Wins.

Kick your year off with a great start.